



# BACK TO SCHOOL Tidy Mom Checklist + Challenge

We want to see your progress! Tag us and use #WCMBtidyup

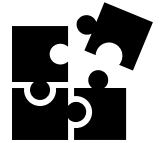
## Clothing

- Donate items that do not fit; this includes items that might fit 'someday'
- Recycle items that are damaged at a textile recycling drop off
- Designate closet and drawer space for this season's clothing. If it's overflowing, let some go.



## Toys

- Eliminate duplicate toys
- Recycle or trash toys and games with missing parts
- Start an "almost gone" box and drop toys there if they are rarely used



## Supplies

- Create a visual shopping list with the kids
- Have kids identify a wish list item
- Set goal you want accomplished for kids to receive wish list item



## Food

- Double up on dry goods purchases per shopping trip
- Theme dinner meals by days of the week
- Shop online for bulky dry goods



## Schedule

### APPOINTMENTS

- Haircut
- Doctor
- Dentist
- Specialist (dermatologist, physical therapy etc.)



### REGISTRATIONS

- Sports leagues
- Extracurricular activities
- Before/after school care
- Religion Classes

### PLAY-DATES

- Weekly alternate playdates at your home and another parent's home

## Pro-Tips

- ✓ Get the to-be-donated items out of the house ASAP.
- ✓ Revisit the 'almost gone' box in 1 month to donate unloved toys.
- ✓ Create a folder for all incoming school paperwork.
- ✓ Make mindful purchases. If it's not a needed item, it's adding to the clutter.

